November 2010 A Bimonthly Newsletter for collaborative projects of Habib University Foundation and Youth Affairs Department Government of Sindh

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at iLEAD Partner Schools



INSPYRE and iLEAD are public-private partnership projects of the Youth Affairs Department, Government of Sindh and Habib University Foundation (H.U.F.) with technical support being provided by the British Council.



Inspiring Leadership, Empowerment and Development in Youth

- iLEAD focuses on promoting a healthy life style, leadership & personal development in youth through sports education and community service
- iLEAD will build partnerships with 5 colleges and 25 schools in Karachi and Hyderabad
- b iLEAD aims to develop a sports education curriculum, organize sports weeks, summer camps, sports festivals, coaching camps etc. for youth



Inspiring Pakistani Youth to Reach Excellence

- INSPYRE aims at providing youth with a platform for their personal growth, career enhancement and social development
- INSPYRE provides free of cost career education to youth for their career building in Information Technology, Retail Management, Digital Media, Call Center Industry, Fashion and Textile Designing fields
- Internships are an essential component of the INSPYRE learning experience







Habib University Foundation

Foreword

September and October 2010 were exciting months for INSPYRE and iLEAD. During these two months, key targets vis-a-vis infrastructure development under both projects were met. INSPYRE learning facilities and iLEAD gymnasium were inaugurated at the Institute for Advancing Careers and Talents. These new facilities will aid Habib University Foundation in initiating new programs under iLEAD and INSPYRE.

Aside from accomplishing these targets, both projects have seen marked success in other areas which include the successful completion of INSPYRE courses, youth leadership workshops for iLEAD partner colleges and the commencement of iLEAD Sports Days at iLEAD partner schools. This issue of HIGHLIGHTS provides detailed coverage of the exciting activities which were carried out under INSPYRE and iLEAD programs during the months of September and October 2010.

We open-heartedly welcome your opinions and suggestions vis-à-vis both projects. Please share your thoughts at yasmeenbano@huf.org.pk. Hope you will enjoy reading this bimonthly issue of HIGHLIGHTS!

Yasmeen Bano Head Research and Projects Habib University Foundation

Facts and Figures

INSPYRE

- Inauguration of INSPYRE Learning Facilities
- 104 Students completed their three month career development course at iACT
- 25 students received internships and 7 received job placements at various organizations
- 27 students developed business ideas for entrepreneurial initiatives
- 103 students completed Active Citizens Program Training

ilead

- Inauguration of iLEAD Gymnasium
- 8 Sports Days organized at iLEAD Partners Schools
- 3 Youth Leadership Workshops organized for young leaders of Sports Youth Councils
- 3 Sports Education Curriculum Workshops held at Partner Colleges

INSPYRE Teaching and Learning

Timely Completion of Career Development Courses

iACT completed its three-month duration course offering. A total of 104 students completed their career development course at iACT which also included students being offered scholarship under INSPYRE program.

Besides offering technical skill trainings, students were also engaged in Active Citizens Program Training and Be An Entrepreneur Training. Student assessment and evaluation was also conducted for each of the career development courses offered. Students of Textile and Fashion Designing completed their design portfolios as part of their overall assessment process.

To explore and understand students' learning experiences at iACT, five Focus Group Discussions (FGDs) were carried out by the Center for Educational Research and Planning of Habib University Foundation. The FGDs facilitated iACT management to explore areas of strength and improvement.

Federal Secretary for Youth Affairs Visits iACT



Mr. Iqbal Ahmed, Federal Secretary for Youth Affairs being provided a detailed round of iACT by Mr. Shoaib Ahmed Siddiqui, Secretary Sports & Youth Affairs, Government of Sindh and Mr. Khursheed Ali Sheikh, Director Youth Affairs

Mr. Iqbal Ahmed, Federal Secretary for Youth Affairs, visited iACT on October 13, 2010. The Federal Secretary for Youth Affairs was accompanied by Mr. Shoaib Ahmed Siddiqui, Secretary Sports & Youth Affairs, Government of Sindh and Mr. Khursheed Ali Sheikh, Director Youth Affairs and Project Director INSPYRE and iLEAD during his visit to iACT.

The Federal Secretary was provided a brief overview on the Institute's vision, learning framework and major accomplishments by Ms. Yasmeen Bano, Head of Research and Projects, Habib University Foundation. He was also briefed about INSPYRE and iLEAD projects and current happenings within both the projects. Mr. Iqbal Ahmad was taken on a detailed round of the premises including the newly established learning facility block (constructed with support of INSPYRE program) and iLEAD Gymnasium (built with support of iLEAD program).

The Federal Secretary greatly appreciated the efforts of the Habib University Foundation and the Youth Affairs Department, Govt. of Sindh for working together on addressing integral youth development issues.

INSPYRE Highlights

Inauguration of INSPYRE Learning Facilities and iLEAD Gymnasium

Relevant physical facilities play an integral role in engaging youth in developmental activities. Under INSPYRE and iLEAD, new learning facilities and an Indoor Gymnasium were inaugurated at the Institute for Advancing Careers and Talents by Syed Faisal Ali Subzwari, Minister for Youth Affairs, Government of Sindh on October 19, 2010.

New INSPYRE learning facilities include a

digital media computer lab, digital photography room, INSPYRE multipurpose hall, a meeting room, classrooms and faculty room.

An indoor sports gymnasium having a capacity of 150 persons has also been constructed under iLEAD Program. The iLEAD gymnasium will be able to host several indoor sports including badminton, basketball,

volleyball, throw ball and table tennis.

The inauguration ceremony was attended by Mr. Shoaib Ahmed Siddiqui, Secretary Sports and Youth Affairs, Government of Sindh, Mr. Khurshid Ali Sheikh, Director Youth Affairs and Project Director INSPYRE and iLEAD, Mr. Mashhood Rizvi, Director, British Council and Ms. Zarfashan Arbab from Community Development Department.





ewly established INSPYRE Learning Facili constructed on the first floor of iACT



Minister for Youth Affairs launching the iLEAD Gymnasium



Syed Faisal Ali Subzwari, Mr. Shoaib Ahmed Siddiqui, Mr. Wasif Rizvi and Mr. Khurshid Ali Shaikh take a look at the newly constructed computer lab



INSPYRE Highlights

Completion of Personal and Career Development Module

Facilitating students' personal development and enhancing their skills for career development is a key feature of INSPYRE Program. A six-day module on Personal and Career Development was completed in September 2010. The module facilitated students in exploring themselves, realizing the importance of team work and goal setting. It also supported students to develop well thought out plans for their personal development and career enhancement.

During the course of the module, students were given a chance to participate in mock interviews, develop their resumes and increase their awareness vis-à-vis job search skills. "These sessions have changed my approach towards planning my life, most importantly effecting my decision making process and focus towards life."

Sagheer Ali Shah Student of Call Center Agent Training (INSPYRE Cohort III)

The module used interactive learning approaches such as group discussions, presentations, role plays and problem solving activities. These approaches also facilitated "Now I am happy to know life is very important and we are in this world for a big cause. We have to understand this concept and do things differently for us and for this world."

> Sana Sharif Student of Dress Ornamentation (INSPYRE Cohort III)

students to enhance their confidence and improve their communication and team building skills.

Youth Becoming Entrepreneurs

Bright Ideas Workshops: Developing Sense of Entrepreneurship



Two Bright Ideas Workshops were organized for 47 students (Male: 31 and Female: 16). Mr. Imran Azeem, Manager Training and Monitoring, Shell Tameer Pakistan conducted these sessions. Students were facilitated to understand the concept of entrepreneurship, traits of a successful entrepreneur and essential steps for initiating an entrepreneurial project. He also shared with the students some prominent case studies of successful entrepreneurs.

During the workshop, students developed their business ideas in teams and presented them to the facilitators as well as to the rest of the trainees. The proposed business ideas were well appreciated and were refined further by the course facilitator.

Youth as Agents of Change: Active Citizens Program

During September and October, two fourday sessions were organized for 53 students (Male: 17, Female: 36) enrolled in the following courses: Fashion Designing Level 1 & 2, Dress Ornamentation, Textile Designing and 3D Animation. These sessions facilitated students to enhance their understanding on the significance of community building efforts, volunteer work and bringing about a positive change for society. On the last day of the sessions, students were engaged in designing Social Action Projects (SAPs). Students showed a profound interest in developing Social Action Projects for street children and underprivileged women using various strategies including provision of basic education, English language teaching and cutting & stitching skills development.

Active Citizens Program is being implemented with the support of British Council.

'Successful Entrepreneurship' Workshop Organized

In September 'Successful Entrepreneurship' Workshop was also organized to facilitate students for developing business plans. 27 students (Male: 8 and Female: 19) who had previously participated in the Bright Ideas Workshops attended the session and presented their business ideas.

A range of speakers including Mr. M. Uzair from SMEDA, Mr. M. Waqqas, Proprietor of Papers Online and Mr. M. Farhan, Consultant, ACE Consultants participated in the workshop to share their entrepreneurial experiences. The speakers also provided feedback to students on their initial business ideas. Students were facilitated to further refine their business plans for being presented in the final review round in which the plans will be presented to SMEDA and Shell Tameer teams.

Social Work Department, University of Karachi Visits iACT

Students from Social Work Department, University of Karachi visited iACT to understand the role and impact of the institute towards social betterment. Visitors were oriented about iACT and INSPYRE Program, the uniqueness of iACT learning framework and synergic approach of working with public sector institutes for youth development efforts.

The visitors highly appreciated the initiatives of the Youth Affairs Department, Government of Sindh and offered their support in voluntary capacity for the INSPYRE Program.

INSPYRE Highlights

Youth As Leaders

Exhibition Organized by Textile and Fashion Design Students



iACT organized its 2nd Textile and Fashion Design Exhibition which displayed a variety of products of its students. More than 60 students displayed their work which included a range of dresses, dress accessories and material developed using fabric painting, silk screen printing, batik and tie and dye techniques. Students managed to sell and receive orders for a variety of their products during the exhibition.

The enthusiastic response received from the visitors encouraged the students to

explore options for initiating their own business.

Mr. Shoaib Ahmed Siddiqui, Secretary, Sports and Youth Affairs, Government of Sindh also visited the exhibition. Mr. Siddiqui eagerly visited every stall and conversed with the students on their design themes and products. He appreciated the potential of youth and encouraged them to use their potential in achieving success. More than 150 families, alumni and iACT friends came to see the exhibition.

Success Stories

Two students from INSPYRE Cohort III were hired by Pakistan's leading call center - The Resource Group (TRG).

"I am unable to describe my feelings about the whole learning experience at iACT. It was just brilliant! I learnt how to live happily, help others and above all to become a good professional. These learnings facilitated me in gaining a job at TRG. Thank you INSPYRE for supporting me!"

> Muhammad Imran Rizvi Customer Services Executive - TRG Call Center Training Student (INSPYRE Cohort III)

"Learning at iACT provided me a wonderful experience which supported me to join this organization. I explored and learnt new things with practical relevance to my field. I appreciate iACT and INSPYRE Program for giving me 100% support."

> Azeem Fatima Customer Services Executive - TRG Call Center Training Student (INSPYRE Cohort III)

Jobs and Internship Openings for INSPYRE Cohort III Students

iACT supports students for securing employment and further professional development by developing linkages with potential employers and integrating practical experience in the learning process.

In order to facilitate students for jobs and internships, the INSPYRE team at iACT contacted several employers during August and September 2010. Altogether 25 students initiated their internships and 7 received job offers.

A wide number of female students from Fashion Designing, Textile Designing and Dress Ornamentation courses preferred implementing their entrepreneurial ideas to start their careers.

No. of Students Acquiring Internships			
Course Enrolled	Male	Female	Total
Fashion Designing	2	5	7
Textile Designing	13	-	13
Call Center	3	-	3
Retail Store	2	-	2
Operations			
Total	20	5	25

Acknowledging Internship and Work Placement Partners

iACT is thankful to International Textiles, Yunus Textiles, TRG, EDATA, Talat Handicraft and Arooba Boutique for facilitating its students in paving their career paths

Students Receive Job Offers 7 Call Center Agent Training Students (4 Females and 3 Males) have been employed at TRG and EDATA

<u>iLEAD Highlights</u>

iLEAD Activities

Youth Leadership Workshop for iLEAD Sports Youth Councils



Nurturing leadership attributes of the youth is one important feature of iLEAD Program. Sports Youth Councils (SYCs) have been formed in all iLEAD partner colleges to create space for active youth leadership. Each SYC comprises of at least 10 students.

To facilitate SYC members to play an integral role for iLEAD Program, three two-day workshops were organized focusing on the following objectives:

- To enhance SYC members' understanding regarding their roles
- To share the concept of active citizenship and its importance.
- To enhance members' understanding and skills for playing a leadership role within their colleges and communities.
- To develop SYC plans for initiating work as proactive young leaders including the organization of sports weeks.

"The workshop helped us understand and internalize our roles and responsibilities as SYC members." SYC Member, Government City College, Karachi

"This is the first time in my life that I have experienced a learning opportunity like this." SYC Member, Government College, Green Belt, Karachi

Three workshops were organized in which 45 young leaders and 15 iLEAD sports faculty members participated.

Mr. Nooruddin Merchant, Research Associate, Habib University Foundation facilitated the sessions and engaged the participants in team building and leadership exercises.

Converting Trash into Treasure

Developing Low-Cost and No-Cost Athletics Equipment

Athletics equipment plays an important role in promoting sports activities. Many schools cannot afford buying expensive sports equipments for their students. To address this issue, the iLEAD sports faculty developed their own equipment using low or no-cost resources.

Mr. Adnan and Mr. Aly of Institute for Advancing Careers and Talents (iACT) rose to the challenge, developing quality material for their students. Mr. Adnan also conducted a workshop at Government Shah Latif Girls College, Hyderabad for other iLEAD faculty members to share his ideas on low-cost and no-cost athletics equipment. 15 iLEAD faculty members and the SYC team of the college participated.

Students from iLEAD Partner College Participate in National Netball Championship

Students from Govt. Shah Latif Girls College, Hyderabad (an iLEAD Partner College) participated in the National Netball Championship. Several members of iLEAD Sports Youth Council (SYC) represented Sindh and Pakistan Army Teams at the National Netball

Championship organized on 28-30 September 2010. The Sindh Team won the tournament followed up by Pakistan Army Team as the runners up.

Sindh Team Members (Winners)

- Aishah (iLEAD Sports Faculty)
- Qurat-ul-ain (iLEAD Sports Faculty)
- Kiran (iLEAD SYC Member)
- Kanwal Umar (iLEAD SYC Member)

Pakistan Army Team Members (First Runners Up)

- Tahira (iLEAD SYC Member)
- Sidra (iLEAD SYC Member)
- Moona (iLEAD SYC Member)
- Estephee (iLEAD SYC Member)



<u>iLEAD Highlights</u>

Sports Days Organized in iLEAD Partner Schools

Sports Days were organized in various iLEAD Partner Schools of the following iLEAD Partner Colleges: Government College Hyderabad, Government Shah Latif Girls College Hyderabad, Government Degree Girls College Green Belt and Government City College Karachi.

iLEAD sports faculty members prepared students for their Sports Days, coaching and engaging them in various sports activities. The school management, college sports faculty and iLEAD team, participated actively in organizing Sports Days in iLEAD Partner Schools. A total of 8 Sports Days were organized.

Snapshots of Sports Days

Organized by Government College, Hyderabad at Islamia Modern High School, 125 students participated and around 200 people attended the event.

Organized and hosted by Government Degree Girls College, Green Belt, 225 students and parents from Karachi Foundation School participated. The college was very helpful in providing administrative assistance and its campus to its partner school.

campus to its partner school.

Organized and hosted by Government City College, Karachi for Dhaka School and Government Comprehensive School, 150 students from both schools attended the event.

Organized by Government Shah Latif Girls College, Latifabad at Pigget Memorial High School, 700 students attended the event, of which 125 participated. An exciting feature of the event was that it incorporated diverse activities including a band show presentation, tableaus, cultural dances and PT displays. These items displayed the wonderful talent of the students and added color to the event.

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Organized by Government City College, Karachi at Government Children Educational Center, 100 students

<u>iLEAD Highlights</u>

Sports Education Curriculum

A Curriculum for Nurturing Healthy Minds and Bodies

First draft of the Sports Education Curriculum has been completed and is ready for sharing with relevant stakeholders for final review. iLEAD team will organize various sharing forums in upcoming months to have the draft document reviewed by experts.

iLEAD partner colleges have also initiating piloting the curriculum within their respective colleges. Three curriculum workshops have been organized so far within each college. These workshops have provided iLEAD team several insights into curriculum implementation issues.

iLEAD team is closely monitoring the process so as to further enhance the curriculum and develop recommendations for curriculum implementation.

Children and Youth of Flood Relief Camp Engaged in Sports Activities

Government College Hyderabad has been converted into a flood relief camp, resulting in the suspension of teaching and learning activities. Despite the suspension, the College's Sports Youth Council (SYC) engaged children and youth present at the camp in sports activities.

These activities included soccer relay, cricket drills, sprint race, kids' athletics, football and volleyball matches. As a result of this experience, a healthier environment was created for camp residents, giving SYC the opportunity to plan and lead similar community events.



Sports Activities at iACT

A range of sports activities have been organized at iACT, with the support of the iLEAD Program, providing students an opportunity to learn about leading a healthy life.

Students learnt about and played two popular sports - Table Tennis and Volleyball this term at iACT. Fitness tests were also held for students providing them information regarding their fitness levels. The sports activities also aimed at increasing the awareness of students regarding the importance of a healthy diet and lifestyle.

A sports week was also organized in September 2010 at iACT which provided students with an opportunity to participate in healthy sports activities. In-house Volleyball and Table Tennis tournaments

were organized in which all students actively participated. The Institute's Web Designing team won both the tournaments.

SOS School Management offered



SYC Member and Student 3D Animation Course at iACT a job as a Sports Teacher at SOS School

Upcoming **Events** & Activities

- **Organizing 18 Sports Days at iLEAD** Partner **Schools**
- Arranging 4 Sports **Coaching Camps at iLEAD** Partner Colleges
- Organizing **Curriculum Sharing** Forums
- **Admissions for INSPYRE Cohort IV**
- **Commencement of INSPYRE Cohort IV** Classes
- Graduation **Ceremony of INSPYRE** Cohort II and III
- **Completion of Digital Media Courses for INSPYRE Cohort III**

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